

# Course Descriptions 2019

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## Overview

The event is based from the Christchurch Town Hall on Kilmore Street. All activities - registration, start, finish and prize givings - are all based here.

## Start / Finish

- > All events start outside the Christchurch Town Hall, and head east on Kilmore Street.
- > All events finish outside the Town Hall, heading west on Kilmore Street.

## 10k, Half Marathon, Marathon

The 10k, Half Marathon & Marathon have three parts as following:

**Loop A - 10k:** The 10k, Half Marathon & Marathon all do Loop A (red line on map), anti-clockwise from the Christchurch Town Hall around Hagley Park north & back to the Christchurch Town Hall. The 10k then finishes.

**Loop B - 11.1k:** This section (black line) heads east, out & back on both sides of the Avon River, then back to the Christchurch Town Hall. The Half Marathon does Loop A & Loop B & then finishes. The Full Marathon does Loop B twice.

**Loop C - 10k:** This section (purple line) is in the Full Marathon only & continues further east. The Full Marathon does Loop A once & Loop B twice, but midway through the first time around Loop B, they do Loop C.

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## The Kids' Mara'Fun

The Kids' Mara'Fun will have five different age categories racing over three distances.

All Kids' Mara'Fun participants gather from 12noon outside the Christchurch Town Hall, on the northern corner of Kilmore Street and Colombo Street. See info page for start times.

- > Boys & Girls 5-6yrs run 1k;
- > Boys & girls 7-8yrs run 2k
- > Boys & girls 9-10yrs run 2k
- > Boys & girls 11-12yrs run 3k
- > Boys & girls 13-15yrs run 3k.

**The 1k race** heads east on the left hand side of Kilmore St to a turn-around at the intersection of Kilmore St & Madras St. They turn here and blend in with the main races to finish returning west on Kilmore St to the finish line outside the Christchurch Town Hall.

**The 2k race** heads east on the left hand side of Kilmore St to a turn-around at the corner of Kilmore St & Bangor St. They turn here and blend in with the main races, returning west on Kilmore St to the finish line outside the Christchurch Town Hall.

**The 3k race** heads north on the left-hand side of Kilmore St for approx. 1k, then turns left into Oxford Tce. Follow Oxford Tce north for approx. 500m to a turn-around point, then return to Kilmore St. Turn right into Kilmore St and blend in with the main races, returning west on Kilmore St to the finish line outside the Christchurch Town Hall.

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## Course Description - 10k, Half Marathon, Full Marathon

The 10k, Half Marathon & Full Marathon start together at 8:00am, outside the Christchurch Town Hall on Kilmore St, and begins with Loop A.

- The route starts heads east on Kilmore St east for 1.2k to Fitzgerald Ave.
  - Turn left over the bridge & follow Fitzgerald Ave for 350m to Cambridge Tce.
  - Turn left into Cambridge Tce & follow it west (passing 2k) for 500m around to Barbados St.
  - Cross Barbados St into Salisbury St, continuing west (passing 3k) to Park Tce.
  - Turn right into Park Terrace and head north to Harper Ave.
  - Turn left over the bridge (4k) & follow Harper Ave for approx. 500m. The route then veers left into Hagley Park and follows the cycle path anti-clockwise (passing 5k) around the outside of the park to the corner of Deans Ave & Riccarton Ave.
  - Continue on the cycle path alongside Riccarton Ave for 400m to the entrance of Hagley Park Tennis Club.
  - Turn left & head north on the Tennis Club driveway (passing 6k) for 600m into the middle of the park and around to Victoria Lake.
  - With Victoria Lake on your right, follow the cycle path east past the lake (passing 7k) to exit Hagley Park at the Armagh St Gates.
  - At the Armagh Street gates, the route turns left onto Park Tce & heads north for 500m to Salisbury St.
  - Turn right & follow Salisbury St, across Montreal St & then veer right & follow Victoria St south, past Christchurch Casino (8k), to the intersection with Durham St North & Kilmore St.
  - Turn hard left into Durham St North & head north up to Salisbury St, then turn right & head east along Salisbury St (passing 9k) to Madras St.
  - Turn right to follow Madras St south to Kilmore St, where you turn right into Kilmore St.
  
  - **The 10k event finishes heading west for 600m along the northern side of Kilmore St (your right hand lane), to the Finish line outside the Christchurch Town Hall.**
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The Half Marathon also does the same opening 10k, but 175m before the finish line they turn left onto Colombo St to do Loop B.

- Loop B heads south on Colombo St for 250m (passing the 10k mark) then turns left into Armagh St and heads east to Madras St.
- The route then turns left & follows Madras St north to Kilmore St, then right into Kilmore St & heads east, crossing Barbados St (11k) & Fitzgerald Ave into Avonside Dve.
- Follow Avonside Dve for 3.5k around to Gloucester St, where you turn left over Gloucester/Gayhurst Bridge (15k) & then immediately right into Locksley Ave.
- The route follows Locksley Ave for approx. 1.5k to McBratneys Rd.
- Turn left into McBratneys Rd & head west now for 1k, where it becomes River Rd, which you follow for another 1.6k to Glade Ave.
- Turn right into Glade Ave, then left into Stanmore Rd to cross Stanmore Rd Bridge & turn right into Avonside Dve.
- Heading west, follow the right-hand side of Avonside Dve for 600m, crossing Fitzgerald Ave into Kilmore St (20k).
  
- **The Half Marathon event finishes continuing west for 1k along the northern side (your right hand lane) of Kilmore St to the Finish line outside the Christchurch Town Hall.**

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**The Full Marathon does the same opening 10k, then continues with the Half Marathon into Loop B. But at approx. 16.5k, on the corner of Locksley Ave and McBratney's Road the Full Marathon splits off to do a separate 10k lap (Loop c) as following:**

- **At the corner of Locksley Ave & McBratney's Rd the Full Marathon splits from the Half Marathon, continuing north on Locksley Ave (passing 17k) for 850m to New Brighton Rd.**
- The Full Marathon follows New Brighton Rd east for 3k (passing 19k) around to Anzac Dve.
- Turn right over Anzac Dve bridge & then hard right again off the bridge into Hulverstone Dve.
- From Hulverstone Dve, turn left into Orrick Cres, right into Thorness St, left into Cowes St & then right to rejoin Orrick Cres (passing 20k), which you follow to Briarmont St.
- Turn right into Briarmont St, heading north 500m to the end of Briarmont St.
- Turn left into Hulverston Dve & head west for 100m, turn left into Chardale St, then left into Baladin Dve & head south to Waratah St.
- Turn right into Waratah St, passing half way for the full marathon, then right into Wooley St for 400m to Avondale Rd.
- Turn left & follow Avondale Rd south (passing 22k) for 400m to Breezes Rd.
- Turn right into Breezes Rd, then left into Cadrona St, which you follow south for 550m.
- At the end of Cadrona St turn right onto Pembroke St to Avonside Dve.
- At Avonside Dve turn left and run 70m south to a turn-around, and run 70m back.
- Continue north on Avonside Dve for 1.1k (passing 24k) then turn right into Alloway St, and then left into Adrossan St, and follow around to Avondale Rd and Avondale Bridge.
- Turn left across Avondale Bridge and follow New Brighton Rd past the 25k mark to Locksley Ave & McBratney's Rd.
  
- **This is where the Full Marathon rejoins the half marathon course (Loop B).**
- Turn right and follow McBratney's Rd west for 1k (passing 27k) into River Rd, which you follow for 1.6k to Glade Ave (29k).
- Turn right into Glade Ave, then left across Stanmore Rd bridge, and right into Avonside Dve.
- Follow Avonside Dve west into Kilmore St, which you follow (passing 30k) to Colombo St (31k).
  
- **The Full Marathon event then turns left into Colombo St, & then left into Armagh St to do another lap of Loop B only.**

- From Armagh St the route heads east to Madras St, turns left & follows Madras St north to Kilmore St, then right into Kilmore St & heads east across Barbados St (32k) & across Fitzgerald Ave into Avonside Dve.
- Follow Avonside Dve (passing 35k) for 3.5k around to Gloucester St, where you turn left over Gloucester/Gayhurst Bridge (36k) & then immediately right into Locksley Ave.
- The route follows Locksley Ave for approx. 1.5k to McBratneys Rd.
- Turn left and follow McBratneys Rd (passing 38k) for 1k west into River Rd, and continue for another 1.6k to Glade Ave.
- Turn right into Glade Ave (40k), left across Stanmore Rd bridge, and right into Avonside Dve.
- Heading west, follow the right-hand side of Avonside Dve for 600m, crossing Fitzgerald Ave into Kilmore St.
  
- **The Full Marathon event finishes continuing west for 1k along the northern side (your right hand lane) of Kilmore St to the Finish line outside the Christchurch Town Hall.**

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### Aid Stations

There will be Aid Stations every approx. 5k & will consist of Toilets, First Aid & Drink Station.

**Drink Stations** will provide Powerade Isotonic energy drink and water, in paper cups. There are no sponges, Coke or bottles.

**Full Marathon Special Drinks** will be catered for at drink stations from 10k onward. Special Drinks must be marked clearly with race number & the drink station you want them left at. They should be handed in at the Main Marquee by 7:30am on race day.

### Aid Station positions are:

- 5.5k Hagley Pk, approx. halfway between Harper Ave & Riccarton Ave
  - 8k Outside Christchurch Casino
  - 11k & 32k Madras St
  - 16.5k, 26.5k & 37.5k Corner Locksley Ave & McBratney's Rd
  - 21.5k Waratah St (Full Marathon only).
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